



#12 – Philippians

G2 Pastor Ben Graham

FoothillsBibleChurch.org/sermons

Philippians

February 7, 2021

Like a Rock

Philippians 3:20-4:9

Like A Rock

Find peace in the principle through poise, prayer, and presence.

Find peace in the *principle*.

Philippians 4:1 ¹Therefore, my brothers, whom I love and long for, my joy and crown, stand firm *thus* in the Lord, my beloved.

Philippians 3:20-21²⁰ But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, ²¹ who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself.

² I entreat Euodia and I entreat Syntyche to agree in the Lord. ³ Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.

Find peace in the principle through *poise*.

⁴ Rejoice in the Lord always; again, I will say, rejoice. Let your *reasonableness* be known to everyone. The Lord is at hand



radical evenness of temper

1 Corinthians 7:29-31 ²⁹ This is what I mean, brothers: the appointed time has grown very short. From now on, let those who have wives live as though they had none, ³⁰ and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no goods, ³¹ and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Luke 10:20 Nevertheless, do not rejoice in this, that the spirits are subject to you, but rejoice that your names are written in heaven.

Find peace in the principle through poise and prayer.

⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

Worry is a choice made in distrust. ~Matt Chandler

Pray and let God worry. ~Martin Luther.

Romans 8:28...for those who love God all things work together for good, for those who are called according to his purpose.

Everything is needful that He sends; nothing can be needful that He withholds. ~John Newton

Find peace in the principle through poise, prayer, and presence.

⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

⁹ What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

Aim at Heaven and you get earth thrown in. Aim at earth and you get neither. ~C.S. Lewis



Growth Group Questions

Like a Rock

Philippians 3:20-4:9

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Big Idea: Find peace in the principle through poise, prayer, & presence.

Goal: Learn to be a rock in the midst of any circumstances, no matter how turbulent.

Prepare

This week we're diving into Philippians 3:20-4:9 asking God to help us be like a rock, stable, secure, and at peace in the midst of turbulent, ever-changing circumstances. The personal preparation time & discussion are meant to help us flesh out what we've learned through the sermon and apply it more thoroughly in our lives together.

- **Watch** Pastor Ben's sermon, *Like A Rock*, noting anything memorable and impactful as you go. You can take notes in the FBC app if you'd like.
- **Read** Philippians 3:20-4:9, Luke 10:20, Romans 8:28, 1 Corinthians 7:29-31, 2 Corinthians 10:5
- **Pray:** Father, the Apostle Paul was like a rock, unshaken in faith even facing execution in prison. Help us find peace in the principle through poise, prayer, & presence so we can live like a rock as a pillar of Christian strength in a tumultuous culture.

Connect

1. What did you enjoy most about your favorite Super Bowl commercial ever?

Discussion Take some time to personally reflect on these questions after viewing the sermon and before your G2. It could make for a great morning devotional time! You can type and save your responses in the FBC app privately if you would like.

1. What did you learn about God and yourself from this sermon and passage and what would you like to see change in your life because of it?
2. Share how a biblical character's application of big truth to smaller things helped you through a difficult relationship, decision, or circumstance. **-OR-** Describe how you could apply the big truth that your name is written in Heaven to any such situations you're facing now or ask for some help doing so from your G2.
3. Tell about a great experience and very difficult experience you've had and apply the discipline of poise (or moderation) to each.
4. In what ways do you tend to seek the blessing of God's peace more than the peace of His presence?
 - a. What helps you enjoy God's presence & what difference does it make when you experience it?
5. How have you experienced the worst things becoming bearable and the best becoming leavable because of living with focus on the truth your name is written in Heaven in the Lord?
6. Develop and share a brief picture of a future to dwell on that is true, honorable, just, pure, lovely, commendable, excellent, and praiseworthy.

Closing Prayer This prayer section is a guide to help you process with God what you've learned about Him and yourself through the sermon, personal preparation time, and discussion, then seek the Holy Spirit's power in applying it in your life. Sharing these responses in your G2 will help others gain insight into God & themselves while also helping and encouraging one another toward growth. As we enter into our prayer time, share a prayer need and thank God in advance for each outcome you can think through. Ask for help coming up with it if you need to. As a group, pray for one another to be able to focus on the big principle that as Christians our names are written in Heaven in the Lord.

